

Anne takes you for who you are. She helps you find in yourself things you never knew were there. You become a better version of yourself, equipped to deal with whatever the ever-changing workplace may bring or to transition into different roles.

Senior Partner, international law firm

Anne offers a formidable blend of senior level leadership experience and coaching excellence. Over a 15-year coaching career she has worked with numerous leaders and emerging leaders in the professional and financial services sectors. They say she has inspired them to achieve and often exceed their goals and to be purposeful, confident and resilient in their leadership.

Anne particularly enjoys working with clients who are 'stepping up' to a more senior role – whether to partnership in a professional services firm or to an executive leadership role. She offers a supportive and confidential space where clients can reflect on and explore how they can bring the best of themselves to the challenges and opportunities in front of them.

Many clients experience the need for a significant shift in mindset and behaviour, with a greater focus on building relationships, developing influencing skills and managing the power dynamics at play in complex international firms. Most are also operating in a global context where cross cultural team and leadership skills are essential.

Clients value Anne's positivity and empathy, her calm and measured approach, and her breadth of business and life experience. She draws on a wide range of coaching theory and frameworks, including psychodynamics, positive psychology and systems theory. Her coaching style is relaxed and conversational - in the words of a recent client she 'makes coaching look easy'.

A qualified solicitor, Anne was a University Lecturer in Law before spending 15 years in senior roles in international law firms including Norton Rose Fulbright, Hogan Lovells and Freshfields Bruckhaus Deringer. As Global Director of Professional Development at Baker McKenzie she worked directly with the Firm's Chair and Global Executive Committee on a range of innovative strategic projects.

Anne has a grown-up family and takes great pride and joy in their lives. She was born in Dublin to Irish and German parents (both astrophysicists) and brought up in the star gazing environment of the Royal Observatory in Edinburgh. She is a passionate student of art history, currently studying for a Masters Degree.

Thank you for believing in me from the beginning and getting me to think and see what I could not. You have had a huge positive impact on my confidence and the imposter syndrome I was feeling when starting this role has disappeared. The coaching has been life changing for me.

Senior business director, professional services firm



Coaching expertise

Leadership style
Personal brand
Confidence
Managing peers
Difficult conversations
Resilience
Working across cultures

Clients

AON
Baker McKenzie
CAFOD
Credit Suisse
Clifford Chance
HERA
HFW
Miller Insurance
Open Banking
Ropes & Gray
Thomas Miller
Vizeum
Walking with the Wounded
Winckworth Sherwood
ZS

Certifications

Diploma in Coaching Supervision
(accredited by AC, ICF and EMCC)

Mastered Coach - Meyler Campbell
(accredited by AC, ICF, EMCC and SRA)

Psychometrics - MBTI (Step 1 and 2), FIRO-B

Mindfulness coach

NLP Master Practitioner

Education

BA Law First Class Hons (Durham)

LLM Public International Law First Class (Cambridge)

Solicitor (England & Wales)