

Anne is passionate about inspirational leadership as the key to enabling positive change in the lives of individuals, organisations and the world we live in. As a coach Anne specialises in developing and supporting leaders and emerging leaders in professional services firms. She works alongside her clients as they grapple with the increasingly complex challenges of leading agile businesses, coping with constant change, and engaging and inspiring their people - some of the smartest on the planet!

“ Anne enabled me to translate abstract concepts and overwhelming questions, of values, leadership, career change, into manageable questions and enabled me to develop my own approach to answering these.



Coaching Experience

Anne has successfully coached more than 150 Partners, C-level/Director-level executives and emerging leaders in over 40 professional and financial services organisations. They say she has inspired and motivated them to lead more effectively and enjoy more fulfilling lives. Most importantly she has enabled them to coach themselves and their teams, meaning that the benefits are self-sustaining.

Coaching Approach

Anne offers a practical, solutions-focused approach. It is designed to help clients reflect, learn and change. She describes coaching as a way of 'thinking systematically about the world'. Her aim is to enhance clients' quality of thinking, develop their habit of purposeful reflection, and encourage specific action and implementation beyond just talking. Ultimately, she wants to enable clients to lead more effectively, and help them and their organisations achieve their commercial objectives. With her background in law, she places great value in relationships, and is always contactable between sessions.

Life Before Coaching

Anne draws on her personal and professional experience over 25 years as a practising lawyer, academic and senior international executive in global law firms. She combines her interest in human psychology, family systems and neuroscience with a deep understanding of the challenges of leadership in the professional services sector. Anne brings to her practice a broad international perspective born of her family background and many years living and working across cultures.

More About Anne

Anne is a half-German, half-Irish, completely European Brit. She grew up in the Royal Observatory, where her stargazing led to a lifelong interest in the big picture and in how things connect. She has worked around the world, living for a time in Africa, on Karen Blixen's farm. She has two grown-up sons, and loves art and books (Stalingrad is one of her favourites).

Inspiration

Anne is inspired by the capacity of the human brain to think about things differently and the possibilities we all have to experience the world and what happens in our lives in new and creative ways. One of her favourite books is Viktor Frankl's "Man's Search for Meaning", the great testament to man's capacity to respond as he chooses and to retain his freedom even in the most adverse of circumstances.

Coaching Specialisations

Expert to leader, managing peers, difficult conversations, difficult people, managing time and energy, positivity and resilience

Recent Clients

Action for Children, AHL Man Group, Allen & Overy, AON, Baker McKenzie, CAFOD, Clifford Chance, Credit Suisse, Macfarlanes, Miller Insurance, Publicis Group, Tiffany, Winckworth Sherwood

Education

BA Law First Class Hons
LL.M. First Class Hons
Public International Law
Cambridge University
Solicitor of the Supreme Court (England and Wales)

Certifications

Diploma in Coaching Supervision (accredited by ICF, AC and EMCC)
Meyler Campbell
Mastered Coach (accredited by AC, ICF, EMCC and SRA)
MBTI Step 1 & 2, FIRO-B
Mindfulness coach